

# À LA CARTE - TUESDAY TENNER

TWO COURSES FOR £10 SOME SUPPLEMENTS APPLY \*£2.00 \*\*£3.00 \*\*\*£6.00

## STARTERS

### SOUP OF THE DAY (V)

Home made, served with French bread

### GRATIN OF FRENCH ONION SOUP

Infused with apple brandy, glazed with Gruyere cheese

### SEARED SCALLOPS \*

Served with apple and vanilla puree, crisp ham and sage

### PAN FRIED GARLIC MUSHROOMS (V)

Served on toasted brioche and mixed leaves

### THAI STYLE FISHCAKES

Served with a sweet chilli sauce

### TRIO OF CHICKEN TERRINE

Served with guacamole and mango salsa

### GRILLED SPEARS OF ASPARAGUS

WRAPPED IN PARMA HAM \*

Served with a soft poached egg

### BANTRY BAY MUSSELS

Cooked in coconut, chilli and coriander sauce topped with crispy rocket

### KING PRAWNS \*

Cooked in a teriyaki and sesame seed sauce served on pak choi noodles

## PASTA & RISOTTO'S

### SEAFOOD LINGUINE

Selection of fresh seafood cooked in a creamy shellfish sauce served on a bed of buttered linguine pasta

\*SMALL / LARGE

### MIXED WILD MUSHROOMS AND PINENUT CARBONARA (V)

Topped with shaved Parmesan and rocket leaves

SMALL / LARGE

### CRAYFISH AND SPRING ONION RISOTTO

Glazed with Gruyere cheese

\* SMALL / LARGE

### YOUNG PEA AND ASPARAGUS RISOTTO (V)

Served in a roast pepper with a beetroot and shallot dressing

SMALL / LARGE

### LINGUINE AND MEATBALLS

Pork meatballs cooked in a tomato and basil sauce served on a bed of linguine pasta topped with shaved Parmesan

SMALL / LARGE

## LE FROG PLATTERS

### LE FROG PLATTER 1

Smooth chicken liver parfait, trio of chicken terrine, Parma ham, chutney, guacamole, sun blush tomatoes, bread & dips

\* SMALL / LARGE

### LE FROG PLATTER 2

Thai fishcake, mussels in coconut and chilli sauce, king prawn teriyaki on pak choi noodles, oriental salad and crusty bread

\* SMALL / LARGE

### LE FROG PLATTER 3 (V)

Roast marinated vegetables, hummus, olives, sun blush tomatoes, pesto, capers, bread & dips

SMALL / LARGE

## MAIN COURSES

All main courses are served as complete dishes

### POT ROAST SHANK OF LAMB \*

Chive & garlic mash, pan-fried green beans and carrots, rich red wine sauce

### GRILLED FILLET OF SEA BASS \*

Served on crushed potatoes, asparagus and spinach with a roast vine tomato butter sauce

### ROASTED BREAST OF DUCK \*

Served with a confit of duck leg, creamed cabbage and pancetta with Madeira wine sauce

### TRIO OF PORK \*

Maple spiced belly of pork, pork fillet with black pudding, bacon & sage faggot served with bramley apple mash, glazed greens and cider sauce

### BAKED FILLET OF COD MORNAY

Fillet of cod glazed in a Welsh rarebit sauce served on a grain mustard mash with a young pea and wild mushroom fricassee

### MARINATED BREAST OF CHICKEN

In lemon, thyme and garlic served on roast vegetable cous cous with chive creme fraiche

### LE FROG BOUILLABAISSA

A selection of fresh fish, mussels, crayfish & prawns cooked in a tomato and saffron broth served with crusty bread and aioli

### FILO PARCEL OF GOATS CHEESE, SPINACH & SUN BLUSH TOMATO (V)

Served with nicoise vegetables with a tomato and chilli sauce

### SUPREME OF CHICKEN

Stuffed with basil and mozzarella wrapped in Parma ham served with pesto mash, roast vine tomatoes, tomato & olive sauce

### 8oz SIRLOIN STEAK \*\*

Simply grilled to your liking with 6 handcut chips, field mushrooms and vine tomatoes

### 7oz FILLET STEAK \*\*\*

Simply grilled to your liking with 6 handcut chips, field mushrooms and vine tomatoes

### SAUCES

RED WINE, GREEN PEPPERCORN, BEARNAISE OR CHILLI & TOMATO

£1.95

## SIDE ORDERS

### FRENCH BREAD

£1.45

### GARLIC BREAD

Topped: - cheese, tomato, chilli or a selection of all 3

£1.95

£2.45

### BREAD & DIPS

French bread with hummus, olive oil and balsamic vinegar

£2.85

### MARINATED OLIVES

£2.00

### 8 x HANDCUT CHIPS

£2.75

### FRENCH FRIES

£2.25

### CAJUN FRIES

£2.50

### GARLIC & CHIVE MASHED POTATOES

£2.50

### PAN-FRIED CARROTS & GREEN BEANS

£2.50

### CREAMED CABBAGE & PANCETTA

£2.75

### LE FROG MIXED SALAD

£2.50

### TOMATO, BASIL & RED ONION SALAD

£2.95

### ADD MOZZARELLA

£0.90

Prices include VAT. Due to the presence of nuts in some dishes, we cannot guarantee the absence of nut traces in any of our items.

Please note some of our fish dishes may contain small bones. All steaks are uncooked weight.