

A LA CARTE

TUESDAY TENNER

TWO COURSES FOR £10 SOME SUPPLEMENTS APPLY *£2.00 **£3.00 ***£6.00

STARTERS

SOUP OF THE DAY (V) Home made, served with French bread	£4.25
FRENCH ONION SOUP Infused with Calvados, served with mini cheese on toast	£4.75
BRAISED DUCK AND PISTACHIO TERRINE With truffle dressed leaves and apple compote	£5.95
BANTRY BAY MUSSELS MARINIERE Cooked in white wine, garlic and cream sauce served with crusty bread	£5.95
DEVILLED CHICKEN LIVERS Sauteed chicken livers and onions cooked in a chilli, white wine and tomato sauce served with toasted brioche	*£6.25
BREADED THAI STYLE FISHCAKES Served with a sweet chilli dipping sauce	£5.50
WILD MUSHROOM AND ASPARAGUS TART (V) Served with a soft poached egg and Bearnaise sauce	£5.95
SAUTE SCALLOPS AND BLACK PUDDING Served with a sweetcorn puree and crisp basil	**£7.25
KING PRAWNS COOKED IN A COCONUT CURRY SAUCE Served with basmati rice salad and mango salsa	*£6.75

PASTA & RISOTTO'S

	SMALL	LARGE
ASPARAGUS, PEA AND SWEETCORN RISOTTO (V) Glazed with Parmesan cheese	£5.75	£9.95
SEAFOOD LINGUINE Selection of fresh seafood cooked in a creamy shellfish sauce served on a bed of buttered linguine pasta	*£6.25	£11.95
MIXED WILD MUSHROOMS AND PINENUT CARBONNARA(V) Topped with shaved Parmesan and roquette leaves	£5.25	£9.95
ROAST CHICKEN, PRAWN AND SWEETCORN RISOTTO Glazed with Parmesan cheese	*£5.75	£10.50
LE FROG HOMEMADE LASAGNE (please note this dish is served as large only) Layers of egg pasta and red wine bolognaise sauce glazed with mozzarella served with side salad and a slice of garlic bread		£8.95

LE FROG PLATTERS

	SMALL	LARGE
LE FROG PLATTER 1 Smooth chicken liver parfait, braised duck terrine, Parma ham, apple compote, olives, bread & dips	*£5.95	£10.95
LE FROG PLATTER 2 Thai fishcake, mussels mariniere, curried king prawns, crusty bread & dips	*£6.25	£11.95
LE FROG PLATTER 3 (V) Roast marinated vegetables, hummus, olives, pesto, capers, bread & dips	£5.25	£9.95

Prices include VAT. Due to the presence of nuts in some dishes, we cannot guarantee the absence of nut traces in any of our items.
Please note some of our fish dishes may contain small bones. All steaks are uncooked weight.

MAIN COURSES

All main courses are served as complete dishes

SLOW COOKED SHANK OF LAMB Chive & garlic mash, roasted root vegetables and red wine sauce	*£13.95
PAN FRIED FILLET OF SEA BASS Served on olive oil crushed potatoes, asparagus, peas and spinach with a prawn and tomato cream sauce	*£14.95
FILLET OF BEEF STROGANOFF Pan fried strips of beef fillet cooked in a mixed mushroom, paprika, brandy and mustard cream served with saffron rice	*£16.95
CARAMELISED PORK LOIN Served with black pudding mash, roast root vegetables and an apple and mustard sauce	£10.95
ROAST FILLET OF SALMON Served on creamed cabbage and bacon with new potatoes and red wine sauce	£13.95
SUPREME OF CHICKEN Stuffed with pesto and mozzarella wrapped in Parma ham served with roast marinated vegetables, a light chilli tomato sauce and saute potatoes	£12.95
LE FROG BOUILLABAISSA A selection of fresh fish, mussels & prawns cooked in a tomato, chilli and saffron broth served with crusty bread and aioli	£11.95
ROAST BREAST OF CHICKEN Served with a fondant potato, roast root vegetables and a roast chicken cream sauce	£10.95
MIXED VEGETABLE STROGANOFF (V) Selection of vegetables cooked in a paprika, brandy and mustard cream served with saffron rice	£9.95

FROM THE CHAR GRILL

All steaks are served with hand cut chips, field mushrooms and vine tomatoes. (Please note Steak Frites are served with French fries)

16oz T-BONE STEAK	***£23.95
7oz FILLET STEAK	**£19.95
8oz SIRLOIN STEAK	*£14.95
6oz STEAK FRITES	£12.95

ADD A SAUCE: £1.95
RED WINE, BEARNAISE, STROGANOFF,
GREEN PEPPERCORN OR SWEET CHILLI TOMATO

SIDE ORDERS

FRENCH BREAD	£1.45
GARLIC BREAD OR TOPPED WITH : - cheese, tomato, chilli or a selection of all 3	£1.95 £2.45
BREAD & DIPS French bread with hummus, olive oil and balsamic glaze	£2.85
MARINATED OLIVES	£2.00
HANDCUT CHIPS	£2.75
FRENCH FRIES	£2.25
CAJUN FRIES	£2.50
GARLIC & CHIVE MASHED POTATOES	£2.50
ROAST ROOT VEGETABLES	£2.50
CREAMED CABBAGE & BACON	£2.50
LE FROG MIXED SALAD	£2.50
TOMATO, BASIL & RED ONION SALAD ADD MOZZARELLA	£2.95 £0.90